

# INCREASE CREATIVITY

## **Music, Alpha & Theta Waves**

Alpha & Theta Brain Wave therapy is the key to rapidly increasing creativity. Hurtle past creative blocks and stale concepts to reveal the essence of true beauty which has been the goal of creative artists for centuries. As intellect and creativity integrate, your mind soars to lucid heights of awareness. Creative blocks dissolve. New ideas and insights spontaneously flash into consciousness. You'll experience a quantum leap in your ability to image, create and execute new ideas with this groundbreaking program.

## **Clinically Proven Method**

This program balances right and left hemispheres of the brain to produce the remarkable mental state known as Hemispheric Synchronization. A special feature of Brain Sync technology is the use of scientifically researched frequencies called Window Frequencies, which fit through narrow biological windows to impact the body at a cellular level. Cumulative listening benefits of Alpha Brain Wave Therapy include: Greater clarity of thought, enhanced access to new ideas, reduced stress and increased states of well-being.

## **Instructions for Listening**

Listen at a time when you will not be disturbed. Sit or lie comfortably with your spine straight. This allows your natural channels of energy to open and flow freely. Close your eyes and breathe slowly and deeply. For maximum long term benefits, listen daily for a period of six to eight weeks – or after as needed.

**To experience the brain optimizing effects of this program,  
listen with headphones.**

BRAIN  SYNC

To receive a catalog or for more information call

**800-444-SYNC**

or visit our web site for secured credit card processing:

**[www.brainsync.com](http://www.brainsync.com)**